



# APRIL 2022 PROGRAMS

All Programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodations available upon request. All programs **meet at the Mount Greylock Visitor Center** unless otherwise noted. Please follow all current COVID guidelines. Visit [Mass.gov/COVID](https://www.mass.gov/COVID) for guidance. For additional information and **weather updates**, call the Visitor Center at **(413) 499-4262**.

OPEN DAILY	<b>VISITOR CENTER, 9:00 a.m. – 4:00 p.m.</b> Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.
SUNDAYS Ongoing	<b>NATURE SCAVENGER HUNT, 10:00 a.m. - 3:00 p.m.</b> <b>Free for all ages. Suitable for children and families.</b> Adventurous quests invite you to search for natural treasures along park trails. Several “seek and find” scavenger hunts for different age and skill levels. <b>Program is self-guided.</b>
DAILY, Ongoing	<b>SENSING SPRING TRIP TIP Self-Guided Adventure</b> <b>Free for all ages. Self-guided activity</b> exploring in and around Mount Greylock State Reservation. Springtime is in the air! Warm breezes and sweet scents of spring awaken our senses, enticing us to get out and explore nature’s long-awaited revival! Spring is a great time to explore the outdoors at these Massachusetts Department of Conservation and Recreation (DCR) properties in the northern Berkshires. <b>Start your adventure by clicking here - <a href="https://www.mass.gov/doc/sensing-spring-mt-greylock-trip-tip/download">https://www.mass.gov/doc/sensing-spring-mt-greylock-trip-tip/download</a></b>
DAILY, Ongoing April 15 – June 1 2022	<b>“GOODBYE WINTER, HELLO SPRING” StoryWalk®</b> <b>Free for all ages. Suitable for young children.</b> Enjoy a story, fresh air and exercise! This <b>self-guided walk</b> through the visitor center meadows features the children’s book <b>“Goodbye Winter, Hello Spring” by Kennard Park</b> . Just follow the meadow trail and visit the laminated pages of the book posted along the path. A wonderful story is just ahead waiting for you, as you wander through our grassy, meadow paths on this very short, easy StoryWalk® stroll.
FRIDAY, April 16 through SUNDAY, April 24	<b>APRIL SCHOOL VACATION WEEK PROGRAMS:</b> Family Friendly Programs. Join us for guided experiences, or, create a park adventure on your own! Offerings include guided and self-guided hikes, a StoryWalk®, scavenger hunts, family-friendly mindfulness programs, Geocaching, wildflower walks, and an opportunity to give back on <b><a href="#">PARK SERVE DAY</a></b> at the Ashuwillticook Rail Trail!  <b>Read on for more information and program details.</b>

Programs continued on the next page...

coming events



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- SATURDAY,  
April 9

MT GREYLOCK PHOTO GROUP MEET-UP:  
BERKSHIRE DESTINATIONS 1:00 p.m. - 2:30 p.m.  
**Free for all ages.** Discover amazing locations of Berkshire County’s natural, cultural, and historical landmarks. Join Christy Butler, local photographer, author, and outdoor enthusiast, for a photographic slide-show exploring a vast range of waterfalls, glacial boulders, and points of interest from across the region. See a preview of his latest book “**Berkshire Destinations**” an Explorer’s Hiking Guide.
- THURSDAY,  
April 14

QI GONG/TAI CHI, 10:00 a.m. - 11:30 a.m.  
**Ages 12 and older.** Enhance your overall optimal health and longevity. Join Jeanne S. to experience the ancient Chinese meditative martial arts of Qi Gong/Tai Chi. **No experience necessary, all abilities welcome.** Wear comfortable, weather appropriate clothing. Program may be offered outdoors if fair weather, otherwise indoors. Bring a yoga mat if you have one. Co-sponsored by **Canyon Ranch Wellness Resort, Lenox.**
- SATURDAY,  
April 16

FAMILY FOREST WALK, 1:00 p.m. - 3:00 p.m.  
**Free for all ages.** Join Sandy W. on this peaceful walk. Suitable for families with children able to walk one to three miles on an easy to moderate trail. This outdoor program incorporates elements of mindful breathing, nature connection, tree identification, animal tracking, and meditation skills. Culminates in a time for sharing and reflection. Leave inspired with skills to access the healing benefits of nature back home! Click link for more info.  
**Pre-registration is required at <https://apr16-familyforestwalk.eventbrite.com>**
- WEDNESDAY,  
April 20

GEOCACHING 101, 1:00 p.m. - 2:30 p.m.  
**Free for all ages.** Looking for a fun way to engage your tech-savvy kids with the natural world? This outdoor activity combines hiking with a tech-aided treasure hunt. Join Kathy G. and Berkshire Geobash members to learn the basics. **Beginners welcome! No experience necessary.** To participate fully **[download the free geocaching.com app](#)** Dress appropriately for variable weather. Trails may be muddy. Bring drinking water and a snack.

Programs continued on the next page...

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FRIDAY,  
April 22

#### EARTH DAY EVENT! - Intro to Early Spring

**WILDFLOWERS WALK, 1:00 p.m. - 2:30 p.m.**

**Free for all ages.** Join us for this special Earth Day edition of our Introduction to Early Spring Wildflowers Walk. Special guest Janice T., shares her vast knowledge on the unique features and life cycles of early spring wildflowers on the Bradley Farm Trail! **Pre-registration is required at <https://apr22-wildflowerswalk.eventbrite.com>**

WEDNESDAY,  
April 27

**NICE AND EASY TRAIL HIKE, 1:00 p.m. - 2:30 p.m.**

Easy-paced, one to 3-mile **guided hikes geared toward seniors, but open to all ages.** Join with other hiking enthusiasts, or bring the grandkids with you during school vacation week!

FRIDAY,  
April 29

#### ARBOR DAY 150 ANNIVERSARY EVENTS!

Arbor Day info - [www.arborday.org/celebrate/](http://www.arborday.org/celebrate/)

**TREE IDENTIFICATION HIKE, 10:30 a.m. - 12:00 p.m.**

**Free for ages 8 and older.** Learn how to identify trees with DCR Service Forester, Peter Grima and Douglas Hutcheson of DCR Urban and Community Forestry, on this special Arbor Day hike along the Bradley Farm Trail!

**TREE WONDER WALK, 1:00 p.m. - 3:00 p.m.**

**Free for all ages.** Celebrate the gift of our trees and forests. Join Susy C. on a slow saunter incorporating elements of forest bathing, meditation and mindful breathing. Click link below for more info. **Pre-registration required at <https://apr29-treewonderwalk.eventbrite.com>**

SATURDAY,  
April 30

**FAMILY FRIENDLY TRAIL HIKE, 1:00 p.m. - 2:30 p.m.**

**Free for all ages.** Enjoy a guided trail hike on the Bradley Farm Interpretive Trail. Suitable for families with children able to walk one to three miles on an easy to moderate trail.

#### ATTENTION HIKERS:

**Be prepared** for variable Spring weather, dress in layers and wear sturdy boots. Hiking poles and traction devices for boots may be advisable. Spring trails may be muddy, or even icy and snow-covered. Bring bug repellent, drinking water and a snack. Most guided hikes will cancel in inclement weather.

**For additional information on programs and weather updates, call the Visitor Center at (413) 499-4262.**

coming events